

Female X Booster

Sexual Health

DESCRIPTION

Female X Booster is a proprietary blend of herbal plant adaptogens plus the amino acids L-arginine and L-citrulline to help boost the female’s sexual response by working through various physiological mechanisms in the body.†

FUNCTIONS

In the central nervous system, dopaminergic and serotonergic systems appear to play a significant role in various components of sexual response. Supporting endocrine, neural, and vascular function, as well as mood, all have the potential to promote sexual health.†

The Female X Booster formula supports many of the physiological mechanisms involved in maintaining female sexual health.† These include the support of general vascular function, healthy stress responses, and overall wellbeing.† Black cohosh (*Cimicifuga racemose*) supports physical and sexual drive in post-menopausal women, as indicated by the “sexuality domain” of clinical reporting scales used in studies.† Panax Ginseng may have mild estrogenic effects on reproductive tissues in addition to its ability to moderate the effects of stress on the nervous system, a function that is shared by other adaptogens in this formula, such as Eleutherococcus senticosus (Siberian Ginseng) and Ashwagandha (*Withania somnifera*). In traditional medicine, Muira Puama (*Ptychopetalum olacoides*) is a traditionally used Brazilian adaptogen to support arousal.† In a small, randomized trial women presenting with hyposexual desire disorder took 7.5 mg of Tribulus terrestris daily for four weeks along with a placebo group. After four weeks the trial group showed improvements in the Female Sexual Function Index areas of desire, arousal, lubrication, satisfaction and comfort domains.†

Supports Central Dopaminergic Functions

Dopamine and norepinephrine are partially responsible for sexual excitement. Velvet bean (*Mucuna pruriens*) seeds are the best known naturally-occurring source of L-dopa and have been used in traditional Ayurvedic medicine to support healthy sexual function.† Preliminary findings show that Maca root (*Lepidium meyenii*) consumption daily may support mood and sexual function in postmenopausal women independent of estrogenic and androgenic activity.† *Ptychopetalum olacoides* support the function of dopamine D(1) receptors in the hypothalamus.†

Supports Hormone Functions

In addition to supporting the female sexual response through other mechanisms, *Angelica sinensis*, *Humulus lupulus*, and *Cimicifuga racemosa* also support estrogen function. *Lepidium meyenii*, *Ptychopetalum olaciodes*, *Mucuna pruriens*, *Epimedium brevicornum*, *Tribulus terrestris*, *Eleutherococcus senticosus*, *Panax ginseng* and *Withania somnifera* also support testosterone function. If additional estrogen support is desired, EstroMend™ may also be used. TestoGain™ may be used if additional testosterone support is desired.

INDICATIONS

Female X Booster may be used as a dietary supplement to support the psychological and physiological factors that may affect female libido.†

FORMULA (#202275)

Vegetarian capsules:	2 capsules	4 capsules
Proprietary Blend	674 mg*	1348 mg*

Maca root (*Lepidium meyenii*), Dong Quai root Extract (*Angelica sinensis*)(standardized to 1% ligustilides, Muira Puama bark (*Ptychopetalum olaciodes*), Velvet bean seed Extract (*Mucuna pruriens*)(standardized to 15% l-olaciodes), Hops flower Extract (*Humulus lupulus*)(standardized to 5%flavones), Horney Goat Weed Extract (*Epimedium brevicornum*, aerial parts)(standardized to 10% icariin), Gokhru fruit Extract (*Tribulus*

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terrestris) (standardized to 45% saponins), *Eleutherococcus senticosus* root extract (standardized to 0.8% eleutherosides), *Panax ginseng* root Extract (standardized to 3% ginsenosides), Ashwagandha root and leaf Extract (*Withania somnifera*)(standardized to 10% withanolide glycoside conjugates and 32% oligosaccharides), Black Cohosh root Extract (*Cimicifuga racemosa*)(standardized to 0.8% triterpene glycosides).

L-Arginine 250 mg 500 mg*
 L-Citrulline230 mg 460 mg*

Other ingredients: Hydroxypropyl methylcellulose (capsule), ascorbyl palmitate and silica

SUGGESTED USE

As a dietary supplement, adults may capsules each day with food for 1 to 2 weeks or as directed by a health care practitioner. If desired, the dose may then be increased to 4 capsules each day with food for 2 to 4 months or as directed by healthcare professional. After 2 to 4 months dosage may be lowered back down to 2 capsules each day with food and may continue on that dosage as needed or as directed by your healthcare professional.

SIDE EFFECTS

No adverse side effects have been reported.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

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For more information on Female X Booster visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Douglas Laboratories
112 Technology Drive
Pittsburgh, PA 15275
800-245-4440
douglaslabs.com



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